

HERTFORDSHIRE COUNTY 2014 T&F RANKINGS

U15 BOYS

100m

11.29/0.3	Chenna Okoh	D&T	24/05	Watford
11.70	Ben Collins	D&T	03/08	Cophall
12.2	Cameron George	WAT	13/7	Stevenage
12.20	Jerome Lana	D&T	13/07	Stevenage
12.3	Michael Stocker	SNH		
12.39/0.3	Henry Peachey	StA	24/5	Watford
12.4	Harry Hunter	HPX	3/8	Bedford
12.41/0.3	Luke Humbles	StA	24/5	Watford
12.5	Daniel Streeter	SNH		
12.5	Ashley Willing	StA	13/7	Basildon
12.5	Rhys Whitney	StA	13/7	Basildon
12.7	Christopher Kerr	SNH		
12.7	Thomas Kennedy	HPX	22/6	Walthamstow
12.70/0.3	Ben Grant	HPX	24/5	Watford
12.8	Pierce Reed	HPX	13/7	Basildon
12.8	Daniel Aghanti	StA	7/9	Ipswich
12.9	Joe Ainsworth	WAT	1/6	Watford
12.9	Will Hodge	HPX	15/6	Cambridge
12.9	Seb Adolph	HPX	13/7	Basildon
12.9	Matthew Copley	StA	3/8	Peterborough
13.00	Marc Bredenkamp	D&T	13/07	Stevenage
13.3	Robbie Troude	WAT	1/6	Watford
13.5	Callum Woodage	WAT	1/6	Watford
13.6	Oscar Jopp	SNH		
13.6	Robson Gross	WAT	13/7	Stevenage
13.67	Daniel Bonn	WAT	23/4	Watford
13.9	Samuel Clarke	SNH		
13.9	Mathew Spicer	SNH		
13.9	Alfie Perrin	HPX	13/7	Basildon
13.9	Stephen Bates	HPX	3/8	Bedford
14.1	Perry Kistruck	HPX	18/4	WGC
14.3	Ross Gladman	SNH		
14.3	Ben Conway	BAR	5/4	Hendon
14.4	Chad Gifkins	HPX	11/5	Southend
14.5	Ryan Large	SNH		
14.8	Daniel Olaitan	HPX	13/7	Basildon
14.9	Joshua Namiech-Oyebola	WAT	6/4	Watford
15.0	Toby Addison T13	SNH		
15.3	Alex Cox	StA	15/6	Hemel H
15.75	Joseph Strong T35	SNH		
16.5	Elliot Breen	HPX	22/6	Walthamstow
16.80	Emmanuel Moh	D&T	11/05	Luton
18.4	Andrew Prior (dis)	SNH		

200m

22.78/-0.4	Chenna Okoh	D&T	24/05	Watford
23.7	David Etheridge	StA	7/6	Hemel H
24.40/-0.4	Ben Collins	D&T	24/5	Watford
25.24	Harry Webster		3/8	Hendon

25.4	Daniel Aghanti	StA	7/6	Hemel H
25.4	Henry Peachey	StA	7/9	Ipswich
25.5	Tommy Biswell	StA	7/6	Hemel H
25.5	Ashley Willing	StA	7/6	Hemel H
25.6	Michael Stocker	SNH		
25.6	Will Hodge	HPX	15/6	Cambridge
25.7	Cameron George	WAT	13/7	Stevenage
25.80	Daniel Hopper	D&T	10/08	Hemel H
25.9	Liam Gregory	SNH		
26.1	Ben Grant	HPX	31/5	Watford
26.2	Christopher Kerr	SNH		
26.2	Lucas Martindale	HPX	18/4	WGC
26.3	Seb Adolph	HPX	13/7	Basildon
26.4	Thomas Kennedy	HPX	22/6	Walthamstow
26.6	Ben Lloyd	HPX	22/6	Walthamstow
26.6	Pierce Reed	HPX	13/7	Basildon
26.6	Matthew Copley	StA	3/8	Peterborough
26.8	Chad Gifkins	HPX	31/5	Watford
26.8	Alex Cox	StA	13/7	Basildon
26.8	Max Joseph	BAR	3/8	Bedford
27.6	Louis Lomas	SNH		
27.6	Johann Sanseau	WAT	13/4	St Albans
27.9	Oscar Jopp	SNH		
27.9	Robbie Troude	WAT	15/6	Hemel Hempstead
28.4	Byron Johal	WAT	13/4	St Albans
28.7	Robson Gross	WAT	13/7	Stevenage
28.85	Stefan Ashton	BAR	13/4	Woodford
29.0	Adam Mason	SNH		
29.0	Joe Ainsworth	WAT	15/6	Hemel Hempstead
29.0	Joshua Namiech-Oyebola	WAT	27/9	Sandy
29.00	Josh Edwards	StA	11/5	Peterborough
29.3	Luca Wells	SNH		
29.6	Luis Obeng	HPX	13/7	Basildon
29.7	Samuel Clarke	SNH		
29.8	Matthew Cook	SNH		
30.2	Callum Woodage	WAT	15/6	Hemel Hempstead
30.5	Mathew Spicer	SNH		
30.68	Toby Addison T13	SNH		
31.0	David Olaitan	HPX	15/6	Cambridge
31.6	Sebastian Sanseau	WAT	15/6	Hemel Hempstead
31.7	Callum Walsh	StA	13/4	St Albans
33.7	Cameron Clark	WAT	1/6	Watford
34.03	Joseph Strong T35	SNH		

300m

35.60	Chenna Okoh	D&T	03/08	Watford
40.20	Ben Collins	D&T	10/08	Hemel H
40.4	Adam Shiret	SBH	13/7	Stevenage
40.7	Liam Gregory	SNH		
40.86	Henry Peachey	StA	24/5	Watford
40.9	Cameron George	WAT	1/6	Watford
40.9	Ben Lloyd	HPX	7/6	Hemel H
41.0	Peter Keefe	SNH		
41.9	Chad Gifkins	HPX	3/5	Basildon
42.30	Marc Bredenkamp	D&T	13/07	Stevenage

42.4	Johann Sanseau	WAT	15/6	Hemel Hempstead
43.1	Byron Johal	WAT	1/6	Watford
44.49	Elliot Dee	SBH	11/7	Peterborough
44.6	Joe Ainsworth	WAT	1/6	Watford
45.6	Luca Wells	SNH		
47.0	Joshua Namiech-Oyebola	WAT	13/4	St Albans
47.1	Cameron Hoskins	HPX	15/6	Cambridge
47.3	Morgan Baidoo	HPX	13/7	Basildon
47.6	Lewis de-la-Croix	HPX	15/6	Cambridge
48.0	Adam Mason	SNH		
48.2	Remi Catchpole	HPX	18/4	WGC
50.3	Kristian Rogers	HPX	31/5	Watford
57.0	Owen Greenhalgh	HPX	15/6	Cambridge

400m

55.52	Adam Shiret	SBH	27/8	Watford
56.69	Johann Sanseau	WAT	13/8	Watford
63.1	Joshua Namiech-Oyebola	WAT	27/9	Sandy
64.4	Adam Every	SNH		
66.6	Connor Every	SNH		
69.36	Mathew Spicer	SNH		
70.5	Elliot Breen	HPX	13/9	Stevenage
70.55	Toby Addison T13	SNH		

800m

2:04.06	Adam Shiret	SBH	23/7	Eltham
2:04.41	Daniel Streeter	SNH		
2:06.32	Elliot Dee	SBH	20/8	Eltham
2:10.7	Johann Sanseau	WAT	3/8	Watford
2:11.3	Dominic Brown	StA	15/6	Hemel H
2:13.08	Jamie Harper	SBH	24/5	Watford
2:13.22	Byron Johal	WAT	24/9	Watford
2:14.76	Thomas Dore	D&T	24/05	Watford
2:14.85	Jed Lumb	StA	24/5	Watford
2:15.4	Louis Lomas	SNH		
2:16.2	Thomas Andrews	HPX	19/7	W London
2:16.3	Nathan Walmsley	D&T	13/07	Stevenage
2:19.20	Rufus Kent	SBH	24/5	Watford
2:19.3	Cameron Fearon	HPX	15/6	Cambridge
2:19.35	Joshua Edwards	StA	16/7	Watford
2:19.5	Stephen Bates	HPX	31/5	Watford
2:19.98	Callum Walsh	StA	10/9	Watford
2:20.8	Luca Wells	SNH		
2:21.87	Liam Gregory	SNH	24/5	Watford
2:22.48	Adam Mason	SNH	24/5	Watford
2:24.8	Ben Lloyd	HPX	19/7	W London
2:27.6	Peter Keefe	SNH		
2:28.29	James Cooper	HPX	16/7	Watford
2:28.4	Remi Catchpole	HPX	13/7	Basildon
2:28.7	Jake Sherlock	HPX	13/4	Thurrock
2:30.0	Oliver Wontner	WAT	1/5	Stevenage
2:30.32	Elliot Breen	HPX	16/7	Watford
2:30.50	Joshua Namiech-Oyebola	WAT	18/6	Watford
2:30.9	Callum Woodage	WAT	1/6	Watford
2:31.6	William Rodway	SNH		

2:32.92	Rhys Whitney	StA	28/6	LV
2:33.3	Ross Gladman	SNH		
2:33.8	Ben Gosling	StA	7/9	Ipswich
2:35.0	Cameron Hoskins	HPX	15/6	Cambridge
2:35.6	Oscar Jopp	SNH		
2:38.7	Morgan Oxland-Baidoo	HPX	15/6	Cambridge
2:39.2	Christopher Kerr	SNH		
2:40.3	Lee Brown	SNH		
2:42.3	Mathew Spicer	SNH		
2:42.9	Kristian Rogers	HPX	31/5	Watford
2:45.5	Cameron Clark	WAT	15/6	Hemel Hempstead
2:45.7	Ibrahim Malik	WAT	15/6	Hemel Hempstead
2:46.4	Angus Clifford	HPX	3/5	Basildon
2:48.4	Rowan Daly	StA	13/4	St Albans
2:48.6	Thomas Locke	SNH		
2:57.5	Michael Stocker	SNH		
3:01.2	Daniel Hopper	D&T	06/07	Hemel H

1500m

4:17.08	Elliot Dee	SBH	25/6	Eltham
4:19.62	George Groom	SBH	3/8	Hendon
4:28.2	Liam Gregory	SNH		
4:32.2	Vincent Murray	D&T	11/06	Hemel H
4:32.28	Jamie Harper	SBH	5/5	Stevenage
4:38.5	Joshua Van Heiningen	D&T	13/07	Stevenage
4:41.84	Joshua Edwards	StA	2/7	Watford
4:44.7	Johann Sanseau	WAT	30/7	Watford
4:46.3	Adam Mason	SNH		
4:48.57	Callum Walsh	StA	24/9	Watford
4:48.89	Jake Alderson	Chil	5/5	Stevenage
4:55.55	Rufus Kent	SBH	5/5	Stevenage
4:59.6	Ryan Large	SNH		
5:00.2	Jamie Ives	HPX	22/6	Walthamstow
5:00.22	Jed Lumb	StA	4/6	Watford
5:00.5	Andrew Shaw	StA	15/6	Hemel H
5:02.23	Liam Gregory	SNH	5/5	Stevenage
5:03.8	Ross Gladman	SNH		
5:03.8	Luca Wells	SNH		
5:05.3	Charlie Mead	SNH		
5:05.5	Ben Piscatelli	WAT	13/4	St Albans
5:10.8	Thomas Livesey	SNH		
5:12.3	Elliot Breen	HPX	3/5	Basildon
5:13.6	Connor Every	SNH		
5:16.29	Joshua Namiech-Oyebola	WAT	5/5	Stevenage
5:19.2	Miles Blackwell	HPX	13/4	Thurrock
5:19.9	James Cooper	HPX	19/7	W London
5:25.4	Ethan Page	HPX	22/6	Walthamstow
5:26.4	Michael Fryer	D&T	13/07	Stevenage
5:27.89	Ruari McElhatton	BAR	5/5	Stevenage
5:30.0	Cameron Clark	WAT	1/6	Watford
5:34.30	Angus Clifford	HPX	5/5	Stevenage
5:37.1	Oliver Davis	StA	13/4	St Albans
6:14.2	Thomas Locke	SNH		

3000m

10:22.30	Josh Edwards	StA	27/8	Watford
10:28.3	Adam Mason	SNH		
10:47.6	Joshua Van Heiningen	D&T	06/07	Hemel H
11:18.0	Ross Gladman	SNH		
11:31.6	Elliot Breen	HPX	6/7	Hemel H

80m Hurdles

11.98/-2.0	David Odita	Chil	3/8	Hendon
12.2	Peter Keefe	SNH		
12.30	Jackson Cowans	D&T	13/07	Stevenage
12.9	William Rodway	SNH		
13.0	Oscar Jopp	SNH		
13.0	Christopher Kerr	SNH		
13.0	Harry Hunter	HPX	3/8	Bedford
13.2	Hamlett Millard	HPX	7/6	Hemel H
13.8	Oliver Wontner	WAT	1/5	Stevenage
13.8	Edward Bacon	HPX	22/6	Walthamstow
13.80	Daniel Hopper	D&T	06/07	Hemel H
14.0	Matthew Spicer	SNH		
14.0	Lee Brown	SNH		
14.39	Michael Stocker	SNH		
15.8	Louis Lomas	SNH		
16.30	Thomas Wright	D&T	11/05	Luton
16.8	Ross Gladman	SNH		
17.7	Angus Clifford	HPX	3/5	Basildon
17.7	Elliot Breen	HPX	31/5	Watford
18.0	Callum Woodage	WAT	1/5	Stevenage

High Jump

1.72	Peter Keefe	SNH		
1.72	Louis Lomas	SNH		
1.71	Oscar Jopp	SNH		
1.65	Adam Shiret	SBH	31/5	Hendon
1.60	Lee Brown	SNH		
1.60	Daniel Hopper	D&T	13/07	Stevenage
1.59	Ricardo James	StA	7/6	Hemel H
1.55	Thomas Wright	D&T	15/06	Hemel H
1.55	David Odita	Chil	3/8	Hendon
1.50	Rhys Whitney	StA	1/5	Stevenage
1.50	Matthew Copley	StA	3/8	Peterborough
1.47	Christopher Kerr	SNH		
1.47	Henry Peachey	StA	1/5	Stevenage
1.45	Thomas Andrews	HPX	19/7	W London
1.44	Mathew Spicer	SNH		
1.44	Oliver Wontner	WAT	1/5	Stevenage
1.40	Chad Gifkins	HPX	3/5	Basildon
1.40	Callum Woodage	WAT	15/6	Hemel H
1.40	Alex Cox	StA	15/6	Hemel H
1.35	William Rodway	SNH		
1.35	Michael Stocker	SNH		
1.30	Daniel Olaitan	HPX	15/6	Cambridge
1.25	Ross Gladman	SNH		
1.20	Luis Obeng	HPX	15/6	Cambridge

1.15	Elliot Breen	HPX	18/4	WGC
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Pole Vault

3.50	Michael Fryer	D&T	13/07	Stevenage
3.40	Michael Stocker	SNH		
2.70	Lee Brown	SNH		
2.70	Louis Flinn	BAR	16/6	Hendon
2.70	Elliot Breen	HPX	26/7	Cambridge
2.65	Mathew Spicer	SNH	24/5	Watford
2.60	Callum Woddage	WAT	13/7	Stevenage
2.50	Peter Keefe	SNH		
2.10	Samuel McConnell	StA	7/9	Ipswich
1.90	Jed Lumb	StA	13/4	St Albans

Long Jump

5.91	Daniel Hopper	D&T	10/08	HI Hempstead
5.76	Chenna Okoh	D&T	15/06	HI Hempstead
5.71	Jackson Cowans	D&T	10/08	Hemel H
5.23	Ashley Willing	StA	13/7	Basildon
5.20	Will Hodge	HPX	15/6	Cambridge
5.17	Adam Shiret	SBH	24/5	Watford
5.04	Christopher Kerr	SNH		
5.00	Nicholas Harrison	SNH	24/5	Watford
4.86/1.2	Rhys Whitney	StA	28/6	LV
4.82	Lucas Martindale	HPX	18/4	WGC
4.81	Stephen Bates	HPX	19/7	W London
4.81	Joshua Mammud	StA	3/8	Peterborough
4.80	Max Joseph	BAR	3/8	Bedford
4.79	Ben Grant	HPX	31/5	Watford
4.78	Oscar Jopp	SNH		
4.75	Michael Fryer	D&T	13/04	Thurrock
4.72	Peter Keefe	SNH		
4.67	Ben Lloyd	HPX	19/7	W London
4.64	Lee Brown	SNH		
4.63	Thomas Kennedy	HPX	22/6	Walthamstow
4.60	Liam Gregory	SNH		
4.51	William Rodway	SNH		
4.47	Gowan McQuade	SNH		
4.47	Chad Gifkins	HPX	31/5	Watford
4.45	Matthew Copley	StA	7/9	Ipswich
4.42	Samuel Clarke	SNH		
4.38	Johann Sanseau	WAT	1/6	Watford
4.36	Louis Lomas	SNH		
4.35	Harry Jones	HPX	3/5	Basildon
4.35	Alfie Perrin	HPX	3/8	Bedford
4.34	Benjamin Hunt	D&T	24/05	Watford
4.32	Andrew Shaw	StA	15/6	Hemel H
4.26	Mathew Spicer	SNH		
4.23	Seb Adolph	HPX	15/6	Cambridge
4.21	Michael Stocker	SNH		
4.21	Jake Sherlock	HPX	13/4	Thurrock
4.21	Byron Johal	WAT	1/6	Watford
4.18	Oliver Wontner	WAT	1/5	Stevenage
4.13	Louis de-la-Croix	HPX	13/7	Basildon
4.11	Daniel Olaitan	HPX	13/7	Basildon

4.07	Thomas Wright	D&T	11/05	Luton
4.02	Daniel Aghanti	StA	13/4	St Albans
3.98	Henry Peachey	StA	1/5	Stevenage
3.92	Robson Gross	WAT	13/7	Stevenage
3.85	Harry Crook	HPX	18/4	WGC
3.78	Adam Mason	SNH		
3.77	Robson Gross	WAT	24/5	Watford
3.76	Connor Every	SNH		
3.72	Ross Gladman	SNH		
3.71	Sam Denham	WAT	1/6	Watford
3.66	Joshua Edwards	StA	11/5	Peterborough
3.63	Callum Woodage	WAT	1/5	Stevenage
3.34	Angus Clifford	HPX	11/5	Southend
3.16	Robert Parfitt	D&T	10/08	Hemel H
3.10	Sam Lachmann	BAR	5/4	Hendon
2.70	Owen Greenhalgh	HPX	15/6	Cambridge
2.54	Joseph Strong F35	SNH		
1.92	Andrew Prior (dis)	SNH		

Triple Jump

12.52/3.0	Jackson Cowans	D&T	31/8	Bedford
12.36/1.6	Jackson Cowans	D&T	31/8	Bedford
10.81	Daniel Streeter	SNH		
9.91	Gowan McQuade	SNH		
9.26	Harry Crook	HPX	18/4	WGC
9.06	Ross Gladman	SNH		
8.51	Adam Mason	SNH		

Shot 4k

13.51	Peter Keefe	SNH		
12.06	Bola Oke		3/8	Hendon
10.52	Michael Stocker	SNH		
10.18	William Rodway	SNH		
10.12	Oscar Jopp	SNH		
9.96	Matthew Cook	SNH		
9.88	Cameron Fearon	HPX	15/6	Cambridge
9.34	Jerome Lana	D&T	24/05	Watford
9.13	Daniel Streeter	SNH		
8.87	Daniel Hopper	D&T	24/05	Watford
8.75	Ricardo James	StA	24/5	Watford
8.69	Alfie Perrin	HPX	13/7	Basildon
8.32	Oliver Wontner	WAT	1/5	Stevenage
8.30	Euan Metcalfe	SNH		
8.22	Brandon Norman	SNH	15/6	Cambridge
8.12	Christopher Kerr	SNH		
7.78	Jed Cowler	HPX	13/7	Basildon
7.60	Mathew Spicer	SNH		
7.58	Edward Bacon	HPX	3/5	Basildon
7.52	Daniel Boreham	SNH		
7.19	Lee Brown	SNH		
7.04	Callum Woodage	WAT	1/5	Stevenage
6.58	Louis Lomas	SNH		
5.65	Edward Towey	WAT	3/8	Watford
5.46	Ross Gladman	SNH		
5.33	Connor Every	SNH		

4.56	Daniel Allen F40	SNH		
4.55	Angus Clifford	HPX	3/5	Basildon
4.37	Sam Denham	WAT	1/6	Watford
4.13	George Barnard F33	SNH		
3.90	Joshua Namiech-Oyebola	WAT	15/6	Hemel Hempstead

Discus 1.25k

40.31	Peter Keefe	SNH		
38.96	Bola Oke		3/8	Hendon
35.00	Jerome Lana	D&T	13/07	Stevenage
26.20	William Rodway	SNH		
26.18	Matthew Cook	SNH	24/5	Watford
23.45	Michael Stocker	SNH		
23.44	Brandon Norman	SNH	15/6	Cambridge
18.59	Sam Denham	WAT	11/5	Luton
18.38	Jed Cowler	HPX	19/7	W London
17.59	Mathew Spicer	SNH		
16.96	Michael Fryer	D&T	13/07	Stevenage
16.95	Cameron Hoskins	HPX	13/7	Basildon
16.74	Sam Denham	WAT	24/5	Watford
16.44	Edward Towey	WAT	13/4	St Albans
15.19	Ethan Molloy	D&T	11/05	Luton
14.83	Owen Greenhalgh	HPX	15/6	Cambridge
14.59	Andrew Prior (dis)	SNH		
12.95	Cameron George	WAT	9/5	Watford
12.85	Joshua Namiech-Oyebola	WAT	24/5	Watford
12.60	Adam Mason	SNH		
11.29	Daniel Allen F40	SNH		

Hammer 4k

38.54	Peter Keefe	SNH		
36.64	Brandon Norman	SNH	3/8	Hendon
34.12	Matthew Cook	SNH		
18.97	Ethan Molloy	D&T	13/04	Thurrock
12.89	Jed Cowler	HPX	22/6	Walthamstow
9.97	Mathew Spicer	SNH		

Javelin 600g

39.18	Michael Miller	SBH	24/5	Watford
36.09	Kai Stonnei	D&T	15/06	Hemel H
33.92	Peter Keefe	SNH		
30.12	Daniel Boreham	SNH		
30.11	Michael Stocker	SNH		
29.90	Alfie Perrin	HPX	3/8	Bedford
27.94	Jackson Cowans	D&T	13/07	Stevenage
27.38	Sam Denham	WAT	13/7	Stevenage
26.62	Jed Cowler	HPX	19/7	W London
25.27	Sam Bellinger	SNH		
22.57	Lee Brown	SNH		
22.06	Edward Towey	WAT	1/6	Watford
21.99	Kristian Rogers	HPX	31/5	Watford
21.56	Edward Bacon	HPX	11/5	Southend
21.14	Jamie Ives	HPX	13/7	Basildon
20.94	Pierce Reed	HPX	3/8	Bedford

19.67	Liam Gregory	SNH		
15.23	Daniel Allen F40	SNH		
13.70	Miles Blackwell	HPX	13/4	Thurrock
12.64	Ethan Molloy	D&T	11/05	Luton
12.39	Joshua Van Heiningen	D&T	13/04	Thurrock

Pentathlon

2501	Peter Keefe	SNH		
2222	William Rodway	SNH		
1829	Louis Lomas	SNH		
1827	Daniel Hopper	D&T	06/07	Hemel H
1503	Lee Brown	SNH		
1458	Michael Stocker	SNH		
1435	Christopher Kerr	SNH		
1428	Mathew Spicer	SNH		
1287	Oliver Wontner	WAT	1/5	Stevenage
1114	Ross Gladman	SNH		
1023	Callum Woodage	WAT	1/5	Stevenage

4x100

54.5	Watford Harriers		11/5	Luton
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4x100

51.8	Herts Phoenix	15/6	Cambridge	
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4x300

3:09.4	Herts Phoenix	19/7	W London	
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